

School-Connect 4.0 Alignment with CT Components of Social, Emotional, and Intellectual Habits

The Connecticut Components of Social, Emotional and Intellectual Habits represents the knowledge, skills, and dispositions that form an essential blueprint for social-emotional habits and academic success. Connecticut public schools have amplified their attention to social-emotional work for students and adults while fostering a positive school culture and climate to support our students in developing these essential skills to reach their fullest potential in school and beyond.

AREA OF DEVELOPMENT: DEVELOP EXECUTIVE FUNCTIONING SKILLS		
Working memory and metacognition	3.4: Optimizing In-class Learning 3.7: Maximizing Out-of-class Learning 3.8: Making the Most of Test Prep	8.2: Appreciating the Power of Thought S-C Brain Science Animation Series
Cognitive Flexibility	NA	
Self-regulation of emotions and reactions	1.8: Finding Calm 3.3: Bouncing Back from Setbacks 3.8: Making the Most of Test Prep 4.3: Disagreeing Respectfully 6.3: Monitoring & Managing Emotions 6.4: De-escalating Conflict	6.5: Using Problem-solving Strategies 8.1: Using Your Emotional Radar 8.2: Appreciating the Power of Thought 8.3: Coping with Stress/Anxiety 8.4: Understanding Sadness/Depression 8.8: Cultivating Hope and Happiness
Managing attention and behavior	1.6: Setting up for School Success 3.1: Goal-Setting for School Success 3.4: Optimizing In-class Learning 3.5: Managing Time and Priorities	3.6: Overcoming Procrastination 6.4: De-escalating Conflict 7.7: Setting Life Goals
AREA OF DEVELOPMENT: DEVELOP A POSITIVE SELF-CONCEPT		
Self-awareness	1.4: Understanding Your Brain 1.5: Growing and Improving 1.6: Setting up for School Success 1.7: Checking in on Ourselves and Others 2.1: Creating First Impressions 2.2: Reviving Digital Zombies 6.2: Being Aware of Personality Styles	7.1: Recognizing Character Strengths 7.2: Being Your True Self 7.3: Forging Your Path 8.1: Using Your Emotional Radar 8.2: Appreciating the Power of Thought 8.6: Recognizing When You/Others Need Help
Sense of self as competent and capable	1.5: Growing and Improving 1.6: Setting up for School Success 3.2: Applying Growth Mindset 3.3: Bouncing Back from Setbacks 7.1: Recognizing Character Strengths 7.2: Being Your True Self	7.3: Forging Your Path 7.6: Envisioning Your Future 7.7: Setting Life Goals 7.8: Mapping Your Plan 8.7: Practicing Self-Care
Courageously explore new knowledge independently and interdependently	4.2: Collaborating Effectively 4.4: Brainstorming and Idea Building 4.5: Agreeing on Group Responsibilities	4.6: Negotiating Within Groups 4.7: Practicing Group Work 4.8: Reflecting on Lessons Learned

NOTE: Many lessons include multiple competencies used simultaneously (e.g., self-awareness & self-management) and are therefore listed more than once.

AREA OF DEVELOPMENT: DEVELOP LOGIC AND REASONING		
Critical and analytical thinking	<p><i>School-Connect lessons include self-reflection assessments and questions for student to assess their current knowledge/perspective and then reassess after learning more about the topic.</i></p> <p>5.7: Skill-building for Challenging Conversations 5.8: Becoming Change Agents</p> <p>6.5: Using Problem-solving Strategies 8.2: Appreciating the Power of Thought</p>	
Applying known information to new experiences	<p><i>Every modules ends with a culminating project then a 25+ item assessment based on applying content from that module. Culminating projects include:</i></p> <p>1.9: Agreeing on a Class Contract 2.9: Demonstrating Effective Communication 3.9: Studying Strategies EXPO 4.9: Presenting a Service Project Plan 5.9: Envisioning More Inclusive Communities</p> <p>6.9: Applying Relationship-Strengthening Skills 7.9: Presenting Your Mission Map 8.9: Raising Awareness for Mental Health/Wellness</p>	
Reasoning and problem solving	<p>6.5: Using Problem-solving Strategies 8.2: Appreciating the Power of Thought</p>	
AREA OF DEVELOPMENT: DEVELOP OF POSITIVE ATTITUDE TOWARD LEARNING		
Sense of self as a learner	<p>1.6: Setting up for School Success 2.5: Connecting with Peers 2.6: Communicating with Adults 2.7: Giving and Receiving Feedback 2.8: Preparing for Presentations</p> <p>4.1: Preparing for Group Projects 4.8: Reflecting on Lessons Learned 7.5: Furthering Your Education 7.6: Envisioning Your Future</p>	
Curiosity and initiative	<p>3.2: Applying Growth Mindset 3.3: Bouncing Back from Setbacks</p>	
Cooperation during learning experiences	<p>4.1: Preparing for Group Projects 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.4: Brainstorming and Idea Building</p> <p>4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 4.7: Practicing Group Work 4.8: Reflecting on Lessons Learned</p>	
AREA OF DEVELOPMENT: DEVELOP POSITIVE INTERPERSONAL SKILLS		
Social awareness and interpersonal skills	<p>1.7: Checking in on Ourselves and Others 2.3: Tuning In to Others 2.4: Using Active Listening 2.5: Connecting with Peers 2.6: Communicating with Adults 2.7: Giving and Receiving Feedback 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 5.1: Valuing Community and Cultural Wealth 5.2: Working Toward Empathy 5.3: Checking for Blind Spots</p> <p>5.4: Appreciating Diversity 5.5: Branching Outside Your Social Circle 6.1: Developing Positive Relationships 6.2: Being Aware of Personality Styles 6.3: Monitoring & Managing Emotions 6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 8.6: Recognizing When You/Others Need Help</p>	
Responsible decision-making and social problem-solving	<p>2.2: Reviving Digital Zombies 5.6: Advocating for Others 5.7: Skill-building for Challenging Conversations</p> <p>5.8: Becoming Change Agents 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating</p>	

Conflict resolution	4.3: Disagreeing Respectfully 6.3: Monitoring & Managing Emotions 6.4: De-escalating Conflict	6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves
AREA OF DEVELOPMENT: IDENTIFY AND UNDERSTAND EMOTIONS OF SELF AND OTHERS		
Emotional awareness	1.8: Finding Calm 2.3: Tuning In to Others 6.3: Monitoring & Managing Emotions 8.1: Using Your Emotional Radar 8.2: Appreciating the Power of Thought 8.3: Coping with Stress/Anxiety	8.4: Understanding Sadness/Depression 8.5: Breaking Through Loneliness 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care 8.8: Cultivating Hope and Happiness
Empathy	1.7: Checking in on Ourselves and Others 2.3: Tuning In to Others	5.2: Working Toward Empathy 5.3: Checking for Blind Spots