

School-Connect 4.0 Alignment with SEL Standards for California and Other States

Based on the Collaborative for Academic, Social, and Emotional Learning (CASEL) Competencies, the following outlines School-Connect lesson alignment with the Social Emotional Learning (SEL) Standards used in California and other states. School-Connect lesson titles in the right columns are designed to address each objective.

NOTE: Many lessons include multiple competencies used simultaneously (e.g., self-awareness & self-management) and are therefore listed more than once.

SEL STANDARD 1: SELF-AWARENESS		
Objective 1A: Student demonstrates an understanding of one's emotions	<i>Think-Pair-Share activities and self-assessments embedded throughout School-Connect 4.0 give students an opportunity to reflect on their current emotions. Additionally, emotional self-awareness is directly addressed in:</i> 1.4: Understanding Your Brain 1.7: Checking in on Ourselves and Others 1.8: Finding Calm 2.3: Tuning In to Others 6.2: Being Aware of Personality Styles	6.3: Monitoring & Managing Emotions 8.1: Using Your Emotional Radar 8.2: Understanding the Power of Thought 8.3: De-escalating Stress/Anxiety 8.4: Understanding Sadness/Depression
Objective 1B: Student demonstrates knowledge of personal strengths, challenges, culture, and aspirations	1.5: Growing and Improving 2.7: Giving and Receiving Feedback 3.2: Applying Growth Mindset 3.3: Bouncing Back from Setbacks 4.5: Agreeing on Group Responsibilities 4.8: Reflecting on Lessons Learned 5.1: Valuing Community and Cultural Wealth 5.3: Checking for Blind Spots 5.8: Becoming Change Agents 6.2: Being Aware of Personality Styles	6.7: Forgiving Others & Ourselves 7.1: Recognizing Character Strengths 7.2: Being Your True Self 7.3: Forging Your Path 7.4: Exploring Career Options 8.2: Understanding the Power of Thought 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care Culminating Project Rubrics
Objective 1C: Student demonstrates awareness of personal rights and responsibilities	1.6: Setting up for School Success 1.9: Agreeing on a Class Contract (PBL) 2.7: Giving and Receiving Feedback 3.1: Goal-Setting for School Success 3.5: Managing Time and Priorities 3.6: Overcoming Procrastination 3.7: Maximizing Out-of-class Learning 3.8: Making the Most of Test Prep 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.6: Negotiating Within Groups 5.6: Advocating for Others 5.7: Skill-building for Challenging Conversations	5.8: Becoming Change Agents 6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology 6.8: Understanding Healthy Dating 7.3: Forging Your Path 7.5: Furthering Your Education 7.6: Envisioning Your Future 7.7: Setting Life Goals 7.8: Mapping Your Plan 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care
Objective 1D: Student demonstrates awareness of their external supports and who can provide it.	1.9: Agreeing on a Class Contract (PBL) 2.5: Connecting with Peers 2.6: Communicating with Adults 3.3: Bouncing Back from Setbacks 5.1: Valuing Community and Cultural Wealth	5.6: Advocating for Others 6.8: Understanding Healthy Dating 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care

SEL STANDARD 2: SELF-MANAGEMENT		
Objective 2A: Student demonstrates the skills to manage and express one's emotions, thoughts, impulses, and stress in constructive ways.	1.7: Checking in on Ourselves and Others 1.8: Finding Calm 2.3: Tuning In to Others 2.7: Giving and Receiving Feedback 3.3: Bouncing Back from Setbacks 3.6: Overcoming Procrastination 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.6: Negotiating Within Groups 5.7: Skill-building for Challenging Conversations 6.3: Monitoring & Managing Emotions	6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 8.1: Using Your Emotional Radar 8.2: Understanding the Power of Thought 8.3: De-escalating Stress/Anxiety 8.4: Understanding Sadness/Depression 8.5: Breaking Through Loneliness 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care 8.8: Inducing Positive Emotions
Objective 2B: Student demonstrates the skills to set, monitor, adapt, achieve, and evaluate goals.	1.5: Growing and Improving 1.6: Setting up for School Success 3.1: Goal-Setting for School Success 3.3: Bouncing Back from Setbacks 6.5: Using Problem-solving Strategies 7.3: Forging Your Path	7.5: Furthering Your Education 7.6: Envisioning Your Future 7.7: Setting Life Goals 7.8: Mapping Your Plan 7.9: Presenting Your Mission Map (PBL)
SEL STANDARD 3: SOCIAL AWARENESS		
Objective 3A: Student demonstrates empathy for other people's emotions, perspectives, cultures, languages, and histories.	<i>Active listening and perspective taking opportunities are embedded throughout School-Connect and addressed specifically in:</i> 1.7: Checking in on Ourselves and Others 1.9: Agreeing on a Class Contract (PBL) 2.1: Creating First Impressions 2.2: Reviving Digital Zombies 2.3: Tuning In to Others 2.4: Using Active Listening 2.7: Giving and Receiving Feedback 4.1: Preparing for Group Projects 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.4: Brainstorming and Idea Building 4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 4.7: Practicing Group Work 4.8: Reflecting on Lessons Learned 5.1: Valuing Community and Cultural Wealth	5.2: Working Toward Empathy 5.3: Checking for Blind Spots 5.4: Appreciating Diversity 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others 5.7: Skill-building for Challenging Conversations 6.1: Developing Positive Relationships 6.2: Being Aware of Personality Styles 6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating 8.6: Recognizing When You/Others Need Help
Objective 3B: Student demonstrates consideration for others and a desire to contribute to the wellbeing of their school and community	1.7: Checking in on Ourselves and Others 2.5: Connecting with Peers 2.6: Communicating with Adults 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others	5.7: Skill-building for Challenging Conversations 5.9: Envisioning More Inclusive Communities (PBL) 6.1: Developing Positive Relationships 8.9: Raising Awareness for Mental Health/Wellness (PBL)
Objective 3C: Student demonstrates	5.1: Valuing Community and Cultural Wealth 5.2: Working Toward Empathy	5.6: Advocating for Others 5.8: Becoming Change Agents

awareness of and respect for one's issues and a respect for human dignity and differences	5.3: Checking for Blind Spots 5.4: Appreciating Diversity 5.5: Branching Outside Your Social Circle	5.9: Envisioning More Inclusive Communities (PBL) 6.8: Understanding Healthy Dating
Objective 3D: Student can read social cues	1.7: Checking in on Ourselves and Others 1.8: Finding Calm 1.9: Agreeing on a Class Contract (PBL) 2.3: Tuning In to Others 2.4: Using Active Listening 2.7: Giving and Receiving Feedback 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.4: Brainstorming and Idea Building 4.6: Negotiating Within Groups 4.7: Practicing Group Work	4.8: Reflecting on Lessons Learned 5.3: Checking for Blind Spots 6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating 8.1: Using Your Emotional Radar 8.6: Recognizing When You/Others Need Help
SEL STANDARD 4: RELATIONSHIP SKILLS		
Objective 4A: Student uses a range of communication skills to interact effectively with individuals of diverse backgrounds, abilities, languages, and lifestyles	1.7: Checking in on Ourselves and Others 1.9: Agreeing on a Class Contract (PBL) 2.1: Creating First Impressions 2.2: Reviving Digital Zombies 2.3: Tuning In to Others 2.4: Using Active Listening 2.5: Connecting with Peers 2.6: Communicating with Adults 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.4: Brainstorming and Idea Building 4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 4.7: Practicing Group Work 5.2: Working Toward Empathy	5.3: Checking for Blind Spots 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others 5.7: Skill-building for Challenging Conversations 6.1: Developing Positive Relationships 6.2: Being Aware of Personality Styles 6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating 8.6: Recognizing When You/Others Need Help
Objective 4B: Student cultivates constructive relationships with individuals of diverse backgrounds, abilities, languages, and lifestyles.	<i>Embedded throughout School-Connect in the think-pair-share, group discussions, and group activities, but specifically addressed in:</i> 1.7: Checking in on Ourselves and Others 2.3: Tuning In to Others 2.4: Using Active Listening 2.5: Connecting with Peers 2.6: Communicating with Adults 2.7: Giving and Receiving Feedback 4.1: Preparing for Group Projects	4.2: Collaborating Effectively 4.6: Negotiating Within Groups 4.7: Practicing Group Work 4.8: Reflecting on Lessons Learned 5.5: Branching Outside Your Social Circle 6.1: Developing Positive Relationships
Objective 4C: Student demonstrates the skills to respectfully engage in and resolve interpersonal conflicts in various contexts.	2.4: Using Active Listening 4.3: Disagreeing Respectfully 4.6: Negotiating Within Groups 5.7: Skill-building for Challenging Conversations 6.3: Monitoring & Managing Emotions	6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating 10.6: Problem-solving in the Workforce

SEL STANDARD 5: RESPONSIBLE DECISION-MAKING		
Objective 5A: Student considers the well-being of self and others when making decisions	1.9: Agreeing on a Class Contract (PBL) 2.3: Tuning In to Others 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 5.1: Valuing Community and Cultural Wealth 5.2: Working Toward Empathy 5.3: Checking for Blind Spots	5.6: Advocating for Others 5.8: Becoming Change Agents 6.6: Making a Sincere Apology 6.8: Understanding Healthy Dating 7.7: Setting Life Goals 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care
Objective 5B: Student uses a systematic approach to decision making in a variety of situations	2.3: Tuning In to Others 3.1: Goal-Setting for School Success 3.2: Applying Growth Mindset 3.4: Optimizing In-class Learning 3.5: Managing Time and Priorities 3.6: Overcoming Procrastination 3.7: Maximizing Out-of-class Learning 3.8: Making the Most of Test Prep 4.5: Agreeing on Group Responsibilities 5.3: Checking for Blind Spots 5.6: Advocating for Others	6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 7.3: Forging Your Path 7.4: Exploring Career Options 7.5: Furthering Your Education 7.6: Envisioning Your Future 7.7: Setting Life Goals 7.8: Mapping Your Plan 7.9: Presenting Your Mission Map (PBL) 10.5: Providing Customer Service 10.6: Problem Solving in the Workplace
Objective 5C: Student applies problem solving skills to engage responsibly with daily academic and social situations	3.3: Bouncing Back from Setbacks 3.4: Optimizing In-class Learning 3.5: Managing Time and Priorities 3.6: Overcoming Procrastination 3.7: Maximizing Out-of-class Learning 3.8: Making the Most of Test Prep 4.2: Collaborating Effectively	4.3: Disagreeing Respectfully 5.7: Skill-building for Challenging Conversations 6.4: De-escalating Conflict 6.5: Using Problem-solving Strategies 6.6: Making a Sincere Apology