

School-Connect 4.0 Alignment with CASEL Competencies

Based on Austin Independent School District’s (AISD) SEL Curriculum Standards developed with the use of SEL standards from across the nation and based on the Collaborative for Academic, Social, and Emotional Learning (CASEL) Core Social and Emotional Competencies. School-Connect lesson titles in the right column are designed to address each objective.

COMPETENCY 1: SELF-AWARENESS		
Objective A: Student demonstrates an awareness of own emotions	<i>Think-Pair-Share activities and self-assessments embedded throughout School-Connect 4.0 give students an opportunity to reflect on their current emotions. Additionally, emotional self-awareness is directly addressed in:</i> 1.4: Understanding Your Brain 1.7: Checking in on Ourselves and Others 1.8: Finding Calm 2.3: Tuning In to Others 6.2: Being Aware of Personality Styles 6.3: Monitoring & Managing Emotions 8.1: Using Your Emotional Radar 8.2: Understanding the Power of Thought 8.3: De-escalating Stress/Anxiety 8.4: Understanding Sadness/Depression	
Objective B: Student demonstrates awareness of personal qualities	1.5: Growing and Improving 2.7: Giving and Receiving Feedback 3.2: Applying Growth Mindset 3.3: Bouncing Back from Setbacks 4.5: Agreeing on Group Responsibilities 4.8: Reflecting on Lessons Learned 5.1: Valuing Community and Cultural Wealth 5.3: Checking for Blind Spots 5.8: Becoming Change Agents 6.2: Being Aware of Personality Styles 6.7: Forgiving Others & Ourselves 7.1: Recognizing Character Strengths 7.2: Being Your True Self 7.3: Forging Your Path 7.4: Exploring Career Options 8.2: Understanding the Power of Thought 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care Culminating Project Rubrics	
Objective C: Student demonstrates awareness of external supports	1.9: Agreeing on a Class Contract (PBL) 2.5: Connecting with Peers 2.6: Communicating with Adults 3.3: Bouncing Back from Setbacks 4.5: Agreeing on Group Responsibilities 5.1: Valuing Community and Cultural Wealth 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others 6.8: Understanding Healthy Dating 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care	
Objective D: Student has a sense of personal responsibility	1.6: Setting up for School Success 1.9: Agreeing on a Class Contract (PBL) 2.4: Using Active Listening 2.7: Giving and Receiving Feedback 3.1: Goal-Setting for School Success 3.5: Managing Time and Priorities 3.6: Overcoming Procrastination 3.7: Maximizing Out-of-class Learning 3.8: Making the Most of Test Prep 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.6: Negotiating Within Groups 5.6: Advocating for Others 5.7: Skill-building for Challenging Conversations 5.8: Becoming Change Agents 6.4: Responding to Conflict 6.5: De-escalating Tense Situations 6.6: Making a Sincere Apology 6.8: Understanding Healthy Dating 7.3: Forging Your Path 7.5: Planning for College/Post-Secondary Education 7.6: Envisioning Your Future 7.7: Setting Life Goals 7.8: Mapping Your Plan 8.2: Understanding the Power of Thought 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care	

NOTE: Many lessons include multiple competencies used simultaneously (e.g., self-awareness & self-management) and are therefore listed more than once.

COMPETENCY 2: SELF-MANAGEMENT		
Objective A: Student demonstrates ability to manage emotions constructively	1.7: Checking in on Ourselves and Others 1.8: Finding Calm 2.3: Tuning In to Others 2.7: Giving and Receiving Feedback 3.3: Bouncing Back from Setbacks 3.6: Overcoming Procrastination 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.6: Negotiating Within Groups 5.7: Skill-building for Challenging Conversations 6.3: Monitoring & Managing Emotions	6.4: Responding to Conflict 6.5: De-escalating Tense Situations 8.1: Using Your Emotional Radar 8.2: Understanding the Power of Thought 8.3: De-escalating Stress/Anxiety 8.4: Understanding Sadness/Depression 8.5: Breaking Through Loneliness 8.6: Recognizing When You/Others Need Help 8.7: Practicing Self-Care 8.8: Inducing Positive Emotions
Objective B: Student demonstrates integrity	1.9: Agreeing on a Class Contract (PBL) 2.6: Communicating with Adults 2.7: Giving and Receiving Feedback 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 4.7: Practicing Group Work 5.2: Working Toward Empathy	5.3: Checking for Blind Spots 5.4: Appreciating Diversity 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others 6.4: Responding to Conflict 6.5: De-escalating Tense Situations 6.6: Making a Sincere Apology 6.8: Understanding Healthy Dating
Objective C: Student demonstrates ability to set and achieve goals	1.5: Growing and Improving 1.6: Setting up for School Success 3.1: Goal-Setting for School Success 7.3: Forging Your Path 7.4: Exploring Career Options	7.5: Planning for College/Post-Secondary Education 7.6: Envisioning Your Future 7.7: Setting Life Goals 7.8: Mapping Your Plan 7.9: Presenting Your Mission Map (PBL)
COMPETENCY 3: SOCIAL AWARENESS		
Objective A: Student demonstrates awareness of other people's emotions and perspectives	<i>Active listening and perspective taking opportunities are embedded throughout School-Connect and addressed specifically in:</i> 1.7: Checking in on Ourselves and Others 1.9: Agreeing on a Class Contract (PBL) 2.1: Creating First Impressions 2.2: Reviving Digital Zombies 2.3: Tuning In to Others 2.4: Using Active Listening 2.7: Giving and Receiving Feedback 4.1: Preparing for Group Projects 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.4: Brainstorming and Idea Building 4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 4.7: Practicing Group Work 4.8: Reflecting on Lessons Learned 5.1: Valuing Community and Cultural Wealth	5.2: Working Toward Empathy 5.3: Checking for Blind Spots 5.4: Appreciating Diversity 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others 5.7: Skill-building for Challenging Conversations 6.1: Developing Positive Relationships 6.2: Being Aware of Personality Styles 6.4: Responding to Conflict 6.5: De-escalating Tense Situations 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating 8.6: Recognizing When You/Others Need Help

Objective B: Student demonstrates consideration for others and a desire to contribute to the wellbeing of their school and community	1.7: Checking in on Ourselves and Others 2.5: Connecting with Peers 2.6: Communicating with Adults 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others	5.7: Skill-building for Challenging Conversations 5.9: Envisioning More Inclusive Communities (PBL) 6.1: Developing Positive Relationships 8.9: Raising Awareness for Mental Health/Wellness (PBL)
Objective C: Student demonstrates an awareness of cultural issues and a respect for human dignity and differences	5.1: Valuing Community and Cultural Wealth 5.2: Working Toward Empathy 5.3: Checking for Blind Spots 5.4: Appreciating Diversity 5.5: Branching Outside Your Social Circle	5.6: Advocating for Others 5.8: Becoming Change Agents 5.9: Envisioning More Inclusive Communities (PBL) 6.8: Understanding Healthy Dating
Objective D: Student can read social cues and respond appropriately	1.7: Checking in on Ourselves and Others 1.8: Finding Calm 1.9: Agreeing on a Class Contract (PBL) 2.3: Tuning In to Others 2.4: Using Active Listening 2.7: Giving and Receiving Feedback 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.4: Brainstorming and Idea Building 4.6: Negotiating Within Groups	4.7: Practicing Group Work 4.8: Reflecting on Lessons Learned 5.3: Checking for Blind Spots 6.4: Responding to Conflict 6.5: De-escalating Tense Situations 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating 8.1: Using Your Emotional Radar 8.6: Recognizing When You/Others Need Help
COMPETENCY 4: RELATIONSHIP SKILLS		
Objective A: Student uses positive communication and social skills to interact effectively with others	1.7: Checking in on Ourselves and Others 1.9: Agreeing on a Class Contract (PBL) 2.1: Creating First Impressions 2.2: Reviving Digital Zombies 2.3: Tuning In to Others 2.4: Using Active Listening 2.5: Connecting with Peers 2.6: Communicating with Adults 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.4: Brainstorming and Idea Building 4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 4.7: Practicing Group Work 5.2: Working Toward Empathy	5.3: Checking for Blind Spots 5.5: Branching Outside Your Social Circle 5.6: Advocating for Others 5.7: Skill-building for Challenging Conversations 6.1: Developing Positive Relationships 6.2: Being Aware of Personality Styles 6.4: Responding to Conflict 6.5: De-escalating Tense Situations 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating 8.6: Recognizing When You/Others Need Help
Objective B: Student develops constructive relationships	<i>Embedded throughout School-Connect in the think-pair-share, group discussions, and group activities, but specifically addressed in:</i> 1.7: Checking in on Ourselves and Others 2.3: Tuning In to Others 2.4: Using Active Listening 2.5: Connecting with Peers 2.6: Communicating with Adults 2.7: Giving and Receiving Feedback 4.1: Preparing for Group Projects 4.2: Collaborating Effectively 4.6: Negotiating Within Groups 4.7: Practicing Group Work 4.8: Reflecting on Lessons Learned 5.5: Branching Outside Your Social Circle 6.1: Developing Positive Relationships	

Objective C: Student demonstrates an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways	2.4: Using Active Listening 4.3: Disagreeing Respectfully 4.6: Negotiating Within Groups 5.7: Skill-building for Challenging Conversations 6.3: Monitoring & Managing Emotions	6.4: Responding to Conflict 6.5: De-escalating Tense Situations 6.6: Making a Sincere Apology 6.7: Forgiving Others & Ourselves 6.8: Understanding Healthy Dating
COMPETENCY 5: RESPONSIBLE DECISION-MAKING		
Objective A: Student considers ethical, safety and societal factors in making decisions	1.9: Agreeing on a Class Contract (PBL) 2.3: Tuning In to Others 4.2: Collaborating Effectively 4.3: Disagreeing Respectfully 4.5: Agreeing on Group Responsibilities 4.6: Negotiating Within Groups 5.1: Valuing Community and Cultural Wealth	5.2: Working Toward Empathy 5.3: Checking for Blind Spots 5.6: Advocating for Others 5.8: Becoming Change Agents 6.6: Making a Sincere Apology 6.8: Understanding Healthy Dating 7.7: Setting Life Goals
Objective B: Student uses effective decision-making skills	2.3: Tuning In to Others 3.1: Goal-Setting for School Success 3.2: Applying Growth Mindset 3.3: Bouncing Back from Setbacks 3.4: Optimizing In-class Learning 3.5: Managing Time and Priorities 3.6: Overcoming Procrastination 3.7: Maximizing Out-of-class Learning 3.8: Making the Most of Test Prep 4.5: Agreeing on Group Responsibilities 5.3: Checking for Blind Spots 5.6: Advocating for Others	6.4: Responding to Conflict 6.5: De-escalating Tense Situations 7.2: Being Your True Self 7.3: Forging Your Path 7.4: Exploring Career Options 7.5: Planning for College/Post-Secondary Education 7.6: Envisioning Your Future 7.7: Setting Life Goals 7.8: Mapping Your Plan 7.9: Presenting Your Mission Map (PBL)
Objective C: Student applies problem solving skills to deal responsibly with daily academic and social situations	3.3: Bouncing Back from Setbacks 3.4: Optimizing In-class Learning 3.5: Managing Time and Priorities 3.6: Overcoming Procrastination 3.7: Maximizing Out-of-class Learning 3.8: Making the Most of Test Prep 4.2: Collaborating Effectively	4.3: Disagreeing Respectfully 5.7: Skill-building for Challenging Conversations 6.4: Responding to Conflict 6.5: De-escalating Tense Situations 6.6: Making a Sincere Apology