

Kansas Social, Emotional, and Character Development (SECD) Model Standards and School-Connect Alignment

CHARACTER DEVELOPMENT

Developing skills to help students identify, define and live in accordance with core principles that aid in effective problem solving and responsible decision-making.

I. CORE PRINCIPLES	School-Connect Lesson Title
Students (grades 9-12) will: A. Recognize, select, and ascribe to a set of core ethical and performance principles as a foundation of good character and be able to define character comprehensively to include thinking, feeling, and doing. 1. Evaluate personal core principles with personal behavior (including ethical and performance principles). 2. Reflect upon personal core principles, appreciate them, and become committed to them.	 Lesson 2.8: Recognizing Character Strengths Lesson 2.15: Setting Life Goals Lesson 2.16: Going on a Mission Lesson 4.11: Developing a Work Ethic Lesson 4.12: Practicing Teamwork
 B. Develop, implement, promote, and model core ethical and performance principles. 1. Analyze community needs in the larger community, analyze effects on the local and larger community, design and critique positive, responsible action, and reflect on personal and community involvement. 2. Analyze ethical dilemmas in content areas and/or daily experiences. 3. Hold self and others accountable for demonstrating behaviors of good character throughout all school activities and in the community. 4. Reflect, analyze, and receive feedback on responsible actions including actions using academic and behavioral skills. 	 Lesson 3.13: Addressing and Preventing Bullying Lesson 3.14: Managing Social Media & Cyberbullying Lesson 3.15: Making Personal Decisions Lesson 3.16: Refusing and Persuading Lesson 3.20: Helping Others Lesson 4.14: Problem Solving in the Workplace Lesson 4.15: Responding to Feedback ("Reflect, analyze, and receive feedback on responsible actions" is embedded throughout the curriculum)
C. Create a caring community. 1. Consider it a high priority to foster caring attachments between fellow students, staff, and the community. a. Evaluate characteristics of a caring relationship and hurtful relationship. b. Manage personal behavior in family, school, and community that contributes to caring relationships.	 Lesson 1.7: Celebrating and Building Community Lesson 1.8: Building Rapport with Teachers Lesson 1.9: Reviving Digital Zombies Lesson 1.10: Tuning In to Others Lesson 3.1: Developing Positive Relationships Lesson 3.2: Standing in the Other Person's Shoes Lesson 3.3: Empathizing with Others Lesson 3.4: Appreciating Diversity Lesson 3.8: Responding to Conflict Lessons 3.9 - 11: Using a Problem-Solving Approach

C. Create a caring community (cont'd)

- 2. Demonstrate mutual respect and utilize strategies to build a safe and supportive culture.
- a. Communicate respectfully and effectively in diverse environments.
- b. Evaluate active listening skills of all parties involved before, after and during conversations.
- c. Analyze ways to respond to ethical issues in life as they appear in the curriculum.
- d. Utilize multiple-media and technologies ethically and respectfully, evaluate its effectiveness, and assess its impact.

- Lesson 1.9: Reviving Digital Zombies
- Lesson 1.10: Tuning In to Others
- Lesson 1.11: Using Active Listening
- Lesson 1.12: Collaborating Effectively
- Lesson 3.2: Standing in the Other Person's Shoes
- Lesson 3.3: Empathizing with Others
- Lesson 3.4: Appreciating Diversity
- Lesson 3.14: Managing Social Media & Cyberbullying
- Lesson 4.13: Providing Customer Service

("Analyze ways to respond to ethical issues in life as they appear in the curriculum" – embedded throughout the curriculum)

C. Create a caring community (cont'd)

- Take steps to prevent peer cruelty and violence and deal with it effectively when it occurs whether digitally, verbally, physically and/or relationally.
- a. Appraise and evaluate behavior as relational aggression and/or bullying.
- b. Justify the value of personal rights and those of others to commit to ensuring a safe and nurturing environment within and outside of the school setting.
- c. Conclude how to act in accordance with the principle of respect for all human beings.
- d. Evaluate how bullying behavior impacts personal experiences beyond high school and in the work force.
- e. Analyze and evaluate effectiveness of bullying intervention and reporting strategies.

- Lesson 3.8: Responding to Conflict
- Lessons 3.9-11: Using a Problem-Solving Approach
- Lesson 3.12: Dealing with Gossip
- Lesson 3.13: Addressing and Preventing Bullying
- Lesson 3.14: Managing Social Media and Cyberbullying
- Lesson 3.17: Making a Sincere Apology
- Lesson 3.18: Forgiving Others and Ourselves
- Lesson 3.19: Understanding Healthy Dating

II. RESPONSIBLE DECISION MAKING & PROBLEM SOLVING

Students (grades 9-12) will:

- A. Develop, implement, and model responsible decision making skills.
 - Consider multiple factors in decision-making including ethical and safety factors, personal and community responsibilities, and short-term and long-term goals.
 - a. Assess lessons learned from experiences and mistakes.
 - b. Implement responsible decision making skills when working towards a goal and assess how these skills lead to goal achievement.
 - c. Utilize skills and habits of applying standards of behavior by asking questions about decisions that students or others make, are about to make, or have made.

School-Connect Lesson Title

- Lesson 2.10: Outsmarting Media Advertising (uses critical thinking skills and steps)
- Lesson 2.14: Envisioning Your Future
- Lesson 2.15: Setting Life Goals
- Lesson 2.16: Going on a Mission
- Lessons 3.9-11: Using a Problem-Solving Approach
- Lesson 3.15: Making Personal Decisions
- Lesson 4.2: Charting Your Future
- Lesson 4.3: Motivating Yourself & Moving Forward

d. Evaluate situations that are safe and unsafe. e. Effectively analyze and evaluate evidence, arguments, claims, and beliefs. 2. Organize personal time and manage personal Lesson 1.5: Applying Student Success Skills responsibilities effectively. Lesson 1.6: Playing Plan-O-Rama a. Utilize time and materials to complete assignments Lesson 1.14: Developing Academic Supports on schedule. Lesson 1.17: Focusing and Prioritizing b. Anticipate possible obstacles to completing tasks Lesson 1.18: Taking Effective Notes on schedule. Lesson 2.15: Setting Life Goals c. Organize and prioritize personal schedule. Lessons 2.17 - 18: Preparing for Tests d. Advocate for personal needs in accomplishing Lesson 4.3: Motivating Yourself & Moving Forward goals. 3. Play a developmentally appropriate role in Lesson 1.4: Creating a Social Contract classroom management and school governance. Lesson 1.14: Developing Academic Supports a. Analyze the purpose and impact of classroom and Lesson 1.7: Celebrating and Building Community school-wide activities, policies, and routines Lesson 1.12: Collaborating Effectively b. Interpret and evaluate the importance of personal Lesson 3.1: Developing Positive Relationships roles and responsibilities in the overall school Lesson 3.2: Standing in the Other Person's Shoes climate. Lesson 3.3: Empathizing with Others Lesson 3.4: Appreciating Diversity Lesson 3.20: Helping Others B. Develop, implement, and model effective problem Lesson 1.11: Using Active Listening solving skills. Lesson 3.2: Standing in the Other Person's Shoes 1. Identify personal feelings and the feelings of others Lesson 3.3: Empathizing with Others involved with a problem and apply appropriate Lessons 3.9 - 11: Using a Problem-Solving self-control and empathy skills. Approach 2. Identify, analyze, and state what the problem is and identify and consider the perspectives of those involved. 3. Identify desired outcome and analyze if it is attainable. 4. Use creativity and innovation to generate multiple possible solutions and analyze each option in relation to resources, situation, and personal principles. 5. Identify and ask systematic questions that clarify various points of view and lead to the best solution. 6. Reflect on past problems and identify ways to 7. Apply improvement strategies to future projects and situations. PERSONAL DEVELOPMENT Focus is on skill development through personal understanding - using the lens of intrapersonal learning. I. SELF-AWARENESS: Understanding and expressing **School-Connect Lesson Title** personal thoughts and emotions in constructive ways.

Students (grades 9-12) will:

- A. Understand and analyze thoughts and emotions.
 - 1. Analyze complex emotions.
 - 2. Evaluate degree of personal emotion from common experiences.
 - 3. Recognize direct positive and negative reactions to emotions/stress (for example, fight or flight response, voice volume, tonal quality, shallow/rapid breathing, rapid heart rate, crossed arms, facial distortions, sweating).
 - 4. Recognize indirect, negative reactions to emotion/stress (for example, substance abuse, insomnia, social withdrawal, depression, socially inappropriate displays of emotion, bullying, risktaking behaviors).
 - 5. Interpret/anticipate how positive and negative expressions of emotions affect others in the interdependent world.

- Lesson 2.1: Understanding the Teenage Brain
- Lesson 2.2: Being Aware of Our Emotions
- Lesson 2.3: Recognizing the Power of Thought
- Lesson 2.4: Managing Emotions
- Lesson 2.5: Defusing Anger
- Lesson 2.6: Coping with Stress
- Lesson 2.7: Inducing Positive Emotions
- Lesson 2.9: Building True Happiness
- Lesson 3.15: Making Personal Decisions
- Lesson 4.8: Skill Building for Mental Health & Well-Being

- B. Identify and assess personal qualities and external supports
 - 1. Evaluate the effects of various personal qualities (for example, honesty and integrity).
 - 2. Analyze reflection and self-enhancement/self-preservation strategies.
 - 3. Analyze resources for problem solving (additional print and electronic resources or specific subject problem solving models).
 - 4. Evaluate how behavior choices can affect goal success.
 - 5. Evaluate external supports (for example, friends, acquaintances, archetypal inspirations, historical figures, media representations).

- Lesson 1.14: Developing Academic Supports
- Lesson 2.8: Recognizing Character Strengths
- Lesson 2.10: Outsmarting Media Advertising
- Lesson 2.14: Envisioning Your Future
- Lesson 2.15: Setting Life Goals
- Lesson 3.15: Making Personal Decisions
- Lesson 4.2: Charting Your Future
- Lesson 4.8: Skill Building for Mental Health & Well-Being

II. SELF-MANAGEMENT: Understanding and practicing strategies for managing thoughts and behaviors, reflecting on perspectives, and setting and monitoring goals.

School-Connect Lesson Title

Students (grades 9 -12) will:

A. Understand and practice strategies for managing thoughts and behaviors.

- 1. Identify and evaluate techniques to successfully manage emotions, stress and maintain confidence.
- 2. Analyze accuracy of facts/information/interpretation.
- 3. Evaluate quality of support for opinions.
- 4. Evaluate logical and emotional appeals.
- 5. Analyze cause/effect relationships.

- Lesson 1.11: Using Active Listening
- Lesson 2.1: Understanding the Teenage Brain
- Lesson 2.2: Being Aware of Our Emotions
- Lesson 2.3: Recognizing the Power of Thought
- Lesson 2.4: Managing Emotions
- Lesson 2.5: Defusing Anger
- Lesson 2.6: Coping with Stress
- Lesson 2.7: Inducing Positive Emotions
- Lesson 2.8: Recognizing Character Strengths
- Lesson 2.9: Building True Happiness
- Lesson 2.10: Outsmarting Media Advertising (uses critical thinking skills and steps)

- 6. Analyze consequences/outcomes of logical fallacies, bias, hypocrisy, contradiction, ambiguity, distortion, and rationalization.
- 7. Apply effective listening skills in a variety of setting and situations.
- 8. Recognize barriers to effective listening (for example, environmental distractions, message problems, sender problems, receiver problems).
- Lesson 4.13: Providing Customer Service
- Lesson 4.14: Problem Solving in the Workplace
- Lesson 4.15: Responding to Feedback

("Analyze cause/effect relationships" – embedded throughout the curriculum)

- B. Reflect on perspectives and emotional responses.
 - 1. Analyze personal responsibilities.
 - 2. Practice environmental responsibility.
 - 3. Analyze consequence of ignoring environmental responsibilities.
 - 4. Analyze civil/democratic responsibilities.
 - 5. Analyze experiences that shape their perspectives.
 - 6. Demonstrate empathy in a variety of settings, contexts, and situations.
 - 7. Predict the potential outcome of impulsive behavior.

- Lesson 3.2: Standing in the Other Person's Shoes
- Lesson 3.3: Empathizing with Others
- Lesson 3.15: Making Personal Decisions

Note – the following are not specifically addressed in the School-Connect lessons:

- 2. Practice environmental responsibility.
- 3. Analyze consequence of ignoring environmental responsibilities.
- C. Set, monitor, adapt, and evaluate goals to achieve success in school and life.
 - 1. Evaluate factors that lead to goal achievement and success (for example, integrity, prioritizing, managing time, adequate resources).
 - 2. Analyze the effect personal tendencies have on goals.
 - 3. Analyze and evaluate consequences of failures/successes.
 - 4. Analyze and activate strategies used previously to overcome obstacles including negative peer pressure.
 - 5. Analyze factors that may have negatively affected personal success.
 - 6. Determine the role of practice in skill acquisition and goal achievement.
 - 7. Design plans for achieving short-term and longterm goals and establish formative and summative evaluation criteria.

- Lesson 1.5: Applying Student Success Skills
- Lesson 1.15: Understanding Mindsets
- Lesson 1.16: Cultivating Curiosity and Grit
- Lesson 1.17: Focusing and Prioritizing
- Lesson 2.8: Recognizing Character Strengths
- Lesson 2.12: Exploring Career Options
- Lesson 2.13: Planning for College
- Lesson 2.14: Envisioning Your Future
- Lesson 4.2: Charting Your Future
- Lesson 4.3: Motivating Yourself & Moving Forward

SOCIAL DEVELOPMENT

Focus is on skill development of social awareness and social interaction – using the lens of interpersonal learning.

I. SOCIAL AWARENESS

Students (grades 9 -12) will:

- A. Be aware of the thoughts, feelings, and perspective of others.
 - 1. Evaluate opposing points of view.

- Lesson 3.1: Developing Positive Relationships
- Lesson 3.2: Standing in the Other Person's Shoes
- Lesson 3.3: Empathizing with Others
- Lesson 3.4: Appreciating Diversity
- Lesson 3.5: Debunking the Myths of Womanhood

- 2. Analyze the factors that have influenced different perspectives on an issue.
- 3. Differentiate between the factual and emotional content of what a person says.
- 4. Demonstrate empathy for others.
- 5. Analyze the factors that impact how they are perceived by others in various settings. (For example, job interview, family gatherings, and school activities.)
- Lesson 3.6: Debunking the Myths of Manhood
- Lesson 3.7: Understanding Introverts and Extroverts
- Lesson 3.8: Responding to Conflict
- Lessons 3.9-11: Using a Problem-Solving Approach
- Lesson 4.10: Interviewing Effectively
- Lesson 4.13: Providing Customer Service
- Lesson 4.15: Responding to Feedback
- Lesson 4.16: Negotiating an Agreement
- B. Demonstrate awareness of cultural issues and a respect for human dignity and differences.
 - 1. Recognize how their perspective and biases impact interactions with others.
 - 2. Determine strategies to increase acceptance of
 - 3. Evaluate how advocacy for the rights of others contributes to the common good.
 - 4. Appreciate how cultural similarities and differences contribute to the larger social group.
 - 5. Challenge their perspective.
 - 6. Evaluate now culture impacts historical events.

- Lesson 3.2: Standing in the Other Person's Shoes
- Lesson 3.3: Empathizing with Others
- Lesson 3.4: Appreciating Diversity

II. INTERPERSONAL SKILLS

Students (grades 9-12) will:

- A. Demonstrate communication and social skills to interact effectively.
 - 1. Evaluate how societal and cultural norms and mores affect personal interactions.
 - 2. Create positive group dynamics.
 - 3. Present oneself professionally and exhibit proper etiquette.
 - 4. Practice strategies to use constructively in social and other media.

- Lesson 1.2: Creating First Impressions
- Lesson 1.3: Introducing Social & Emotional Learning
- Lesson 1.7: Celebrating and Building Community
- Lesson 1.8: Building Rapport with Teachers
- Lesson 1.9: Reviving Digital Zombies
- Lesson 1.10: Tuning In to Others
- Lesson 1.11: Using Active Listening Lesson 1.12: Collaborating Effectively
- Lesson 4.10: Interviewing Effectively
- Lesson 4.11: Developing a Work Ethic Lesson 4.12: Practicing Teamwork
- Lesson 4.13: Providing Customer Service
- B. Develop and maintain positive relationships.
 - 1. Define social networking and its impact on your
 - 2. Identify consequences of safe and risky behaviors.
 - 3. Reflect upon personal role in applying and responding to peer pressure.
 - 4. Develop understanding of relationships within the context of networking and vocational careers.
- Lesson 3.1: Developing Positive Relationships
- Lesson 3.15: Making Personal Decisions
- Lesson 3.16: Refusing and Persuading
- Lesson 4.9: Writing a Resume
- Lesson 4.19: Living on Your Own & with Roommates
- Lesson 4.20: Choosing Wisely
- C. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts.
- Lesson 3.8: Responding to Conflict
- Lessons 3.9-11: Using a Problem-Solving Approach

- 1. Analyze how conflict has played a role in society.
- 2. Utilize appropriate conflict resolution skills to prevent, prepare for, and manage conflict (for example, small group settings, workplace conflict)
- 3. Develop and utilize mediation skills to work toward productive outcomes.
- Lesson 3.12: Dealing with Gossip
- Lesson 3.13: Addressing and Preventing Bullying
- Lesson 3.14: Managing Social Media & Cyberbullying
- Lesson 4.14: Problem Solving in the Workplace