NREPP Resources for Dissemination and Implementation (RFDI) Checklist

[NOTE: The NREPP website of evidence-based programs is no longer available online. Below is how School-Connect appeared in the NREPP online resource.]

Date: _Feb 24, 2016_____Program Name: ____School-Connect: Optimizing the High School Experience_____
Name of person completing this form: _____Julea Douglass, Ph.D., School-Connect, Associate Director_____

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The NREPP Resources for Dissemination and Implementation (RFDI) Checklist is designed to help the public understand what types of training, education, and implementation supports are available for implementing an NREPP program. The RFDI checklist provides a program developer with an opportunity to identify available resources to facilitate the effective dissemination and implementation of their intervention. Resources may include print documents, electronic materials, trained personnel, or structured activities. When the review of a program is complete, the information provided in this Checklist will appear with the program's profile, thus offering the public an inventory of available program materials.

Staff from Development Services Group, Inc., the SAMHSA NREPP contractor, will review your completed RFDI checklist and contact you if we have any questions. Please send all of the materials you list in this Checklist (unless you sent them previously) or indicate links or locations for their download. **If you previously sent or emailed materials to us when you originally submitted your application, you do not need to resubmit them. However, you do need to <u>send a completed RFDI Checklist</u> and <u>copies of new materials</u> (electronic or hard copies) that you have not previously submitted.** Email or mail your completed Checklist and materials to:

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1. **Program Description:** Please provide a brief (350 words or less) description of your program. Include information regarding the program's target population, intended effects, goals, conceptual framework, and core components.

School-Connect: Optimizing the High School Experience, Third Edition, is a 60-lesson social, emotional, and academic skill-building curriculum for students grades 9-12. School-Connect focuses on five core competencies correlated with success in school, the workplace, and adult life: self-awareness, self-management, social awareness, relationships skills, and responsible decision-making. School-Connect is used in freshman seminars, school-wide advisory classes, special education, alternative education, and other positive youth development programs. It can be used as a universal intervention for all students or a select intervention for students identified as at-risk or special needs (i.e., includes closed captions for hearing-impaired students).

School-Connect consists of three 20-lesson modules. *Module 1: Building a Supportive Learning Community* works to build relationships and trust within the class and develop skills essential to school success (e.g., collaborating effectively, active listening, using a Growth Mindset and grit, building rapport with teachers, and effective study habits). *Module 2: Developing Self-Awareness and Self-Management* then delves into understanding the interrelationship of thoughts, feelings, and behavior and how to effectively manage strong emotions (e.g., anger, sadness, and anxiety). It also focuses on pursuing authentic happiness, goal setting, and college and career aspirations. *Module 3: Building Relationships and Resolving Conflicts* takes social and emotional learning (SEL) to the next level by applying it to stickier situations such as responding to conflict, resisting peer pressure and at-risk behavior, interpersonal problem-solving, gossip, and cyberbullying. Equally important, School-Connect focuses on the positive aspects of relationships like fostering healthy friendships, dating relationships, and support networks, and valuing the importance of apologizing, forgiving, and helping others. Each School-Connect lesson is PowerPoint-based, research-based and includes student handouts, PLC Notes, and additional lesson extensions.

School-Connect is designed to boost key protective factors in a school environment (e.g., supportive relationships with students and teachers) and individual (e.g., social competence, emotional management, impulse control, study skills, responsible, autonomous decision-making, and a sense of purpose and future). The lessons and learning process is scaffolded to help students learn, practice, and apply SEL and academic skills in classroom settings, at home, and ultimately in college and the workplace.

2. **Implementation Background**

    a. When did the program begin? __School-Connect, First Edition, was published in 2006. The Second edition was published in 2009, and the Third Edition and subject of this study was published in 2015.

b. How many sites have implemented the program? School-Connect's first and second editions are used in more than 1,000 high schools in the U.S. and Canada. The third edition (2015) is used in more than 100 high schools in freshman seminars, school-wide advisory, special education, and alternative education programs.

c. Please name several states, localities, or organizations in which the program has been implemented and is still operational.
School-Connect, Third Edition, is currently being used in 12 high schools in the Austin ISD (TX), eight high schools in Washoe CSD (NV), five KIPP schools in the San Francisco Bay-area (CA), four high schools in the Sacramento City USD (CA), Kathy – who else would you add to this list?

3. Who is the program designed to be provided by? (e.g., individual counselor, multiservice team, or teachers.) Check all that apply.
   a.
   ☐☑ Individuals (e.g. case manager or counselor). Specify: School-Connect is typically facilitated in classrooms by teachers, social workers and/or counselors
   ☐☑ A team of people (e.g., multidisciplinary team). Specify: School-Connect can be facilitated by individual teachers and/or teams of teachers and student leaders.
   ☐☑ An agency (e.g., school system). Specify: School-Connect is used in public, private, and alternative schools as well as after school and summer schools and programs.
   ☐ Multiple agencies (e.g., police department and school collaboratively). Specify: _____
   ☐ The program is to be provided by software or via the internet. Specify: _____
   ☐ Other (specify): _____

   b. Is there a specified staff ratio of providers to clients of the program (i.e., teacher/student per student, social workers to clients)?
   ☐ ☑ Yes (specify): We recommend one facilitator for every 20 or fewer students
   ☐ No
   ☐ Not applicable

4. What is the usual size group of providers who are trained to implement the program?
   ☐ ☑1—12 individuals per training - We provide on-site trainings and School-Connect Institutes so the number of individuals per training can range from 2-100. We prefer training groups of approximately 25 people.
   ☐ ☑13—30 individuals per training
   ☐ ☑31—50 individuals per training
   ☐ ☑> 51 individuals per training

☐ ☑   No training required – <mark>Training is not required by highly recommended</mark>

☐ ☑   Self-training completed by individuals – The Teacher's Guide, lesson outlines, PLC Notes, and Notes to Teacher that come with every curriculum set and the implementation guidelines on the School-Connect website are designed to prepare teachers effectively facilitate the lessons if they can or cannot attend a School-Connect training.

☐ Other (specify): _____

☐ Not applicable

5.   What previous education and/or experience is required for line staff before they are able to provide the program? Check all that apply.

☐ Master's degree

☐ Bachelor's degree

☐ Associate's degree

☐ High school diploma or GED

☐ Specific license or credential (e.g., M.D., LADAC)

☐ Lived experience: _____

☐ Other (specify): _____

☐ None

☐ ☑   Not applicable – Education credentials are not required but most School-Connect facilitators have a teaching credential or are certified counselors/social workers.

6.   **Summary of the program's Resources for Dissemination and Implementation (RFDI)**

Implementation includes skills information and training for practice providers as well as technical assistance and consultation. Implementation often starts with information about the practice usually provided by a manual or other standardized means and may include other resources and activities such as; demonstration videos, handouts, worksheets, training sessions, curriculum modules, frequently asked questions, skill booster sessions, ongoing consultation or technical assistance about providing the practice effectively, as well as methods for evaluating and assuring the initial and ongoing quality regarding how the practice is being provided.

Dissemination refers to the planned purposeful sharing of information regarding a practice or program, to specific audiences (e.g., referral sources, potential participants in the practice, family members, or community agencies) for the purpose of facilitating access to the practice or program for those who will benefit from it. Dissemination materials and resources are purposefully designed for targeted audiences and may include; brochures describing the practice, press releases, testimonials about the usefulness of the practice and outcomes, information about what to expect from the practice or program, and videos or narrative accounts regarding positive experiences with the practice or program as well as other resources.

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Please provide a brief (250 words or less) summary describing your program's resources for dissemination and implementation.

School-Connect, Third Edition, Modules 1-3 Binder Set consists of 60 lessons in three binders (one for each module/20 lessons in each module), a detailed Teacher's Guide, and access to the online School-Connect iPortal with all the PowerPoint lessons. Each lesson consists of a 2-page lesson outline, a PowerPoint presentation, one to four student handouts, additional lesson extensions, Professional Learning Community (PLC) Notes from School-Connect co-author and teacher, Keeth Matheny, and a summary of the research base for that lesson. The lessons all include interactive skill-building activities and opportunities for reflection and application.

School-Connect website (www.school-connect.net) includes additional guidance in effective implementation (e.g., a) a step-by-step implementation toolkit, b) teaching and learning strategies, and c) guidelines for each implementation model, i.e., freshman seminar, student advisory) and evaluation (e.g., a) five free evaluation surveys for students and teachers, b) a step-by-step evaluation toolkit, and c) the research-base for each lesson, each module, and the embedded teaching and learning strategies).

On-Site and Institute Training Options – School-Connect training is not required by highly recommended. School-Connect co-authors, Kathy Beland, Julea Douglass, and Keeth Matheny are available for 1-day or 2-day trainings on school campuses upon request. We also offer regional 2-day School-Connect Institutes. The trainings are designed to familiarize participants with the concepts and skills embedded in the curriculum while also giving them hands-on experience teaching and learning lessons within each module.

Consultation – School-Connect authors are available by phone or e-mail to answer any questions and help design effective implementation strategies specific to that school/organization.

7.   **Resources for Implementation**

Please fill in Table 1 below to indicate the **items (i.e., implementation training)** that are available to help an individual or agency implement the program as designed.

Table 1. Implementation Resources

Type of item or activity (use drop down menu. Add extra rows, as needed)	Name of item (be as specific as possible and provide brief description)	Intended Audience (e.g. line staff, supervisors)	Delivery method or format*	Duration (i.e. number of hours or days)**	Available in other languages or accessible formats (e.g., 508 compliant)	Where available (e.g., URL, drop box, address)	Required or optional	Typical cost per unit (specify)
Choose an item.	School-Connect On-Site Training	School-Connect facilitators (teachers, counselors, and social workers) and administrators/school staff	School-Connect author/trainer travels to school/organization location for in-person training	One or two 8-hour hour training days	Available in English only	In-person training using PowerPoints and participant handouts	Optional	$2,500 for one-day or $3,200 for two-day training (travel included)
Choose an item.	School-Connect Institute Training	School-Connect facilitators (teachers, counselors, and social workers) and administrators/school staff	School-Connect hosts regional two-day institutes for appox. 20 – 50 attendees	Two 8-hour hour training days	Available in English only	In-person training using PowerPoints and participant handouts	Optional	$399 per person for teams of 2 or more or $439 for individuals
Choose an item.	School-Connect Teacher's Guide and Notes to Teacher	School-Connect facilitators (teachers, counselors, and social workers)	Included in the School-Connect Modules 1-3 curriculum	Approx. 80 pages of research-based guidance on implementation strategies and goals	Available in English only	Hard copy available within the School-Connect Modules 1-3 curriculum and on the online iPortal	Included in curriculum but optional to read	Costs per module in Table 2
Choose an item.	School-Connect website	School-Connect facilitators (teachers, counselors, and social workers) and	Available at www.school-connect.net	Guidance in effective implementation	Available in English only	Available at www.school-connect.net	Optional	Free

Choose an item.	School-Connect Professional Learning Community (PLC) Notes	School-Connect facilitators (teachers, counselors, and social workers)	Available on the School-Connect iPortal for School-Connect users and e-mailed to all School-Connect training attendees	administrators/school staff One-to-two-page	Available in English only	and evaluation methods E-mailed to School-Connect training attendees and included in the School-Connect iPortal	Included in curriculum but optional to read	Costs for the curriculum sets in Table 2
Choose an item.								
Choose an item.								
Choose an item.								

*Examples of training delivery methods include: in-person, teleconference, videoconference, online, Webinar, virtual groups (online), site visit.

** If applicable.

8. **Dissemination Resources**

Please fill in Table 2 below to describe the types of program-specific items that are available to help an individual or agency disseminate (or provide) program information.

Table 2. Program-Specific Dissemination Information

Type of dissemination information (use drop-down menu)	Name of item (please be specific)	Intended audience	Available in other languages or accessible formats? (specify)	Where available (e.g., URL, drop box, address, etc.)	Required or optional	Typical cost per unit (specify)
Choose an item.	School-Connect, Module 1: Building a Supportive Learning Community	High school teachers, counselors, social workers	PowerPoints include text describing each activity and closed caption videos for the hearing impaired. The lessons are in English.	Module 1 comes in a 3-ring binder set with a Teacher's Guide, Note to Teacher, and 20 lessons with a 2-page lesson outlines, student handouts, lesson extensions, and a culminating project. The	Modules can be purchased separately or as set of Modules 1-3	Individual Module 1 = $275 Set of Modules 1-3 = $799 (quantity discounts available)

				PowerPoints for each lesson are available on the School-Connect online iPortal.		
Choose an item.	School-Connect, Module 2: Developing Self-Awareness and Self-Management	High school teachers, counselors, social workers	PowerPoints include text describing each activity and closed caption videos for the hearing impaired. The lessons are in English.	Module 2 comes in a 3-ring binder set with a Teacher's Guide, Note to Teacher, and 20 lessons with a 2-page lesson outlines, student handouts, lesson extensions, and a culminating project. The PowerPoints for each lesson are available on the School-Connect online iPortal.	Modules can be purchased separately or as set of Modules 1-3	Individual Module 2 = $275 Set of Modules 1-3 = $799 (quantity discounts available)
Choose an item.	School-Connect, Module 3: Building Relationships and Resolving Conflicts	High school teachers, counselors, social workers	PowerPoints include text describing each activity and closed caption videos for the hearing impaired. The lessons are in English.	Module 3 comes in a 3-ring binder set with a Teacher's Guide, Note to Teacher, and 20 lessons with a 2-page lesson outlines, student handouts, lesson extensions, and a culminating project. The PowerPoints for each lesson are available on the	Modules can be purchased separately or as set of Modules 1-3	Individual Module 3 = $275 Set of Modules 1-3 = $799 (quantity discounts available)

				School-Connect online iPortal.		
Choose an item.	School-Connect Student Workbook	High School Students	Available in English only at this point.	The workbook is in a hard copy format, but the same handouts are included in the School-Connect modules for schools/teachers to print out the handouts rather than use workbooks	Optional	$8.99 each or $7.99 quantity discount for 25 or more
Choose an item.						