School-Connect 4.0 Implementation Plan

School Name: _____ City: _____ State: _____

Lead Teacher(s)/Administrators: Phone: E-mail:

_____   _____   _____

_____   _____   _____

_____   _____   _____

Implementation Format (please check all that apply):
☐ Freshman Seminar   ☐ Health Course   ☐ At-Risk Group
☐ Advisory   ☐ Academic Course   ☐ Summer Program
☐ Special Education   ☐ After-School   ☐ Other:_____

What is the name of the class? _____   # of students per class?_____

How often does it meet? _____   How many minutes per class? _____

Approx. what percent of the class is dedicated to School-Connect lessons? _____%

Please describe the class goals and objectives:

Please list any other materials used in that class (e.g., academic prep, other curriculum):

Teachers/Counselors Participating:
How many teachers/counselors will be teaching School-Connect? _____

Teacher/Counselor Name: Periods: E-mail address:

_____   _____   _____

_____   _____   _____

_____   _____   _____

_____   _____   _____

_____   _____   _____

(continue teacher/counselor names on back if necessary….)

Students Participating:
Approximately how many students will be participating in School-Connect?

       # of 9th graders: _____   # of 10th graders: _____

       # of 11th graders: _____   # of 12th graders: _____

School-Connect 4.0 Lesson Plan: Please indicate which lessons you plan to use this year:

Mod 1: School-Connect Foundations
- ☐ 1.1: Getting to Know You
- ☐ 1.2: Appreciating the Power of a Name
- ☐ 1.3: Introducing Social Emotional Learning
- ☐ 1.4: Understanding Your Brain
- ☐ 1.5: Growing and Improving
- ☐ 1.6: Setting up for School Success
- ☐ 1.7: Checking in on Ourselves and Others
- ☐ 1.8: Finding Calm
- ☐ 1.9: Agreeing on a Class Contract (PBL)
- ☐ 1.10: S-C Foundations Reflection/Assessment

Mod 2: Improving Communication Skills
- ☐ 2.1: Creating First Impressions
- ☐ 2.2: Reviving Digital Zombies
- ☐ 2.3: Tuning In to Others
- ☐ 2.4: Using Active Listening
- ☐ 2.5: Connecting with Peers
- ☐ 2.6: Communicating with Adults
- ☐ 2.7: Giving and Receiving Feedback
- ☐ 2.8: Preparing for Presentations
- ☐ 2.9: Demonstrating Effective Communication
- ☐ 2.10: Mod 2 Reflection & Assessment

Mod 3: Boosting Academic Skills & Motivation
- ☐ 3.1: Goal-Setting for School Success
- ☐ 3.2: Applying Growth Mindset
- ☐ 3.3: Bouncing Back from Setbacks
- ☐ 3.4: Optimizing In-class Learning
- ☐ 3.5: Managing Time and Priorities
- ☐ 3.6: Overcoming Procrastination
- ☐ 3.7: Maximizing Out-of-class Learning
- ☐ 3.8: Making the Most of Test Prep
- ☐ 3.9: Studying Strategies EXPO (PBL)
- ☐ 3.10: Mod 3 Reflection & Assessment

Mod 4: Collaborating on Group Projects
- ☐ 4.1: Preparing for Group Projects
- ☐ 4.2: Collaborating Effectively
- ☐ 4.3: Disagreeing Respectfully
- ☐ 4.4: Brainstorming and Idea Building
- ☐ 4.5: Agreeing on Group Responsibilities
- ☐ 4.6: Negotiating Within Groups
- ☐ 4.7: Practicing Group Work
- ☐ 4.8: Reflecting on Lessons Learned
- ☐ 4.9: Presenting a Service Project Plan (PBL)
- ☐ 4.10: Mod 4 Reflection & Assessment

Mod 5: Supporting Empathy & Inclusion
- ☐ 5.1: Valuing Community and Cultural Wealth
- ☐ 5.2: Working Toward Empathy
- ☐ 5.3: Checking for Blind Spots
- ☐ 5.4: Appreciating Diversity
- ☐ 5.5: Branching Outside Your Social Circle
- ☐ 5.6: Advocating for Others
- ☐ 5.7: Skill-building for Challenging Conversations
- ☐ 5.8: Becoming Change Agents
- ☐ 5.9: Envisioning More Inclusive Communities
- ☐ 5.10: Mod 5 Reflection & Assessment

Mod 6: Building Relationships & Resolving Conflicts
- ☐ 6.1: Developing Positive Relationships
- ☐ 6.2: Being Aware of Personality Styles
- ☐ 6.3: Monitoring & Managing Emotions
- ☐ 6.4: Responding to Conflict
- ☐ 6.5: De-escalating Tense Situations
- ☐ 6.6: Making a Sincere Apology
- ☐ 6.7: Forgiving Others & Ourselves
- ☐ 6.8: Understanding Healthy Dating
- ☐ 6.9: Applying Relationship-Strengthening Skills
- ☐ 6.10: Mod 6 Reflection & Assessment

Mod 7: Setting and Achieving Long-term Goals
- ☐ 7.1: Recognizing Character Strengths
- ☐ 7.2: Being Your True Self
- ☐ 7.3: Forging Your Path
- ☐ 7.4: Exploring Career Options
- ☐ 7.5: Planning for College/Post-Secondary Ed
- ☐ 7.6: Envisioning Your Future
- ☐ 7.7: Setting Life Goals
- ☐ 7.8: Mapping Your Plan
- ☐ 7.9: Presenting Your Mission Map (PBL)
- ☐ 7.10: Mod 7 Reflection & Assessment

Mod 8: Skill-Building for Mental Health/Well-Being
- ☐ 8.1: Using Your Emotional Radar
- ☐ 8.2: Understanding the Power of Thought
- ☐ 8.3: De-escalating Stress/Anxiety
- ☐ 8.4: Understanding Sadness/Depression
- ☐ 8.5: Breaking Through Loneliness
- ☐ 8.6: Recognizing When You/Others Need Help
- ☐ 8.7: Practicing Self-Care
- ☐ 8.8: Inducing Positive Emotions
- ☐ 8.9: Raising Awareness for Mental Health/Wellness
- ☐ 8.10: Mod 8 Reflection & Assessment

Culminating Projects:

How many culminating projects do you plan to do per year/semester? _____

If the lessons are taught in a different order than above, please describe what order the lessons will be taught in and why:

Teacher/Counselor/Administrator Collaboration and Evaluation Plan:

How often will the staff teaching School-Connect meet as a group? _____

Who will lead the group discussion? _____

Will there be other periodic check-ins throughout the year? ☐ Yes ☐ No

Will your school be collecting any data to measure evidence of effectiveness? ☐ Yes ☐ No

If yes, what data (e.g. GPA, attendance, retention rates, standardized tests) will you be collecting? If yes, how and how often will you analyze and report the data?