



"So fight that voice in your head that is telling you, 'You can't help,' because you never know. You could be exactly what somebody else needs in that moment." – Gabby, S-C Alumni

Get Started:

Gabby's quote is a good reminder that when we choose to advocate for others, we often don't even know the full effect of our actions, as was true for Gabby. Come up with the rest of Gabby's story by reading the passage below and then using your creativity to fill in the blanks.



Activity: Create the Rest of Gabby's Story

Standing in line at the post office, Gabby saw a lady struggling to communicate because of a language barrier. Gabby's attention was drawn to the situation because _____.

Gabby realized the lady was probably feeling _____, but still Gabby had to convince herself to help because the self-doubting voice in her head was saying _____. Fortunately, Gabby put her self-doubts aside and advocated for that woman. And what Gabby didn't even know was that inside the lady's package was _____ which was getting shipped to _____.

If that lady hadn't been able to ship the package, then _____. But fortunately, that wasn't the case because Gabby was _____. And because Gabby chose to use her voice to advocate for the woman _____, which is why Gabby's advocacy was more important than she ever anticipated.

Reflection: Recognizing the Power of Voice

Read and reflect on the quote to the right. Think of a situation you're familiar with that was impacted by a change agent. Consider the power of that change agent's voice by listing the positive outcomes that resulted from their actions.

"When the world is silent, even one voice becomes powerful."

– Malala Yousafzai